

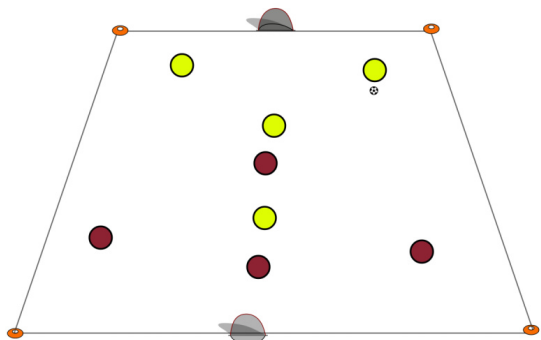
Select a Date

Week 8 - Grade 1 Clinic

Select team

Theme: Coaches Pick

Time:80 minutes



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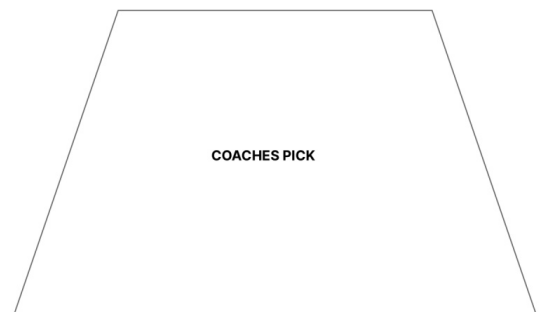
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Intentional Free Play

OBJECTIVE: 10 Minutes
As players arrive, put them into an intentional free play game. This will get players engaged immediately with no coaching input.

ORGANIZATION: As players arrive split them into 2 teams. It can start as small as a 1v1, to 2v1 to 2v2 etc. You can play to pugg nets or you can play to end zones. Be creative but there is no coaching during this phase.

COACHING POINTS: N/A



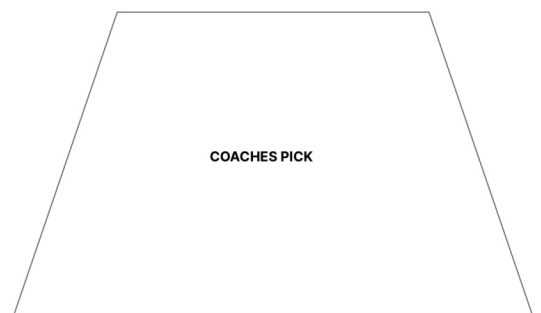
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OBJECTIVE: Coaches can decide what session they want to deliver based on the previous 7 weeks.

ORGANIZATION: 15 Minutes

COACHING POINTS:



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